

# INSTANT KARMA

INDIA'S FIRST DESTINATION SPA, MANDARIN ORIENTAL ANANDA, IS MERGING  
NEW AGE LUXURY WITH THE ANCIENT WISDOM OF THE HIMALAYAS

Our Personal Guest (212/319-1354, fax 212/319-4526; e-mail [nyoffice@ourpersonalguide.com](mailto:nyoffice@ourpersonalguide.com)), India's travel specialist to the rich and famous, came to my rescue. Expect to spend upwards of \$1,000 a day on hotel, food, transfers, and guides. Other travel planners include Lisa Lindblad Travel Design (212/876-2554, fax 212/722-2797; [mara2795@aol.com](mailto:mara2795@aol.com)) and Shagun Mohan (91-11/684-1598, fax 91-11/619-5553; [shagunmohan7@yahoo.com](mailto:shagunmohan7@yahoo.com)).

Ananda, in the annex of a turn-of-the-century maharajah's palace in the Himalayan foothills. Opposite: Blending into the regal setting.

**TRAVEL + LEISURE** WIN A SPA VACATION!

**100** FABULOUS PLACES (AND THINGS) FOR 2001

SPAS  
HOTELS  
DESTINATIONS  
TRANSPORTATION  
TECHNOLOGY  
CRUISES  
NIGHTLIFE  
ADVENTURE  
RESTAURANTS  
SHOPPING  
ARTS

92 **Instant Karma**  
Far above the crowds and hubbub of an Indian town is the country's first-ever destination spa, Ananda - a New Age oasis of serenity in the foothills of the Himalayas  
By Laura Regier Photographed by Blaise Cringer

JANUARY 2001

Opposite: Styled by Kim Debus. Model: Kristeen Arnold/IMC Margolis. Shirt by Jean Paul Gaultier